



2300 CAMSHAFT RECOMMENDATIONS

| | |
|------------|---|
| FD- C242H6 | Hydraulic for .400" stock lift rules, 200# cranking compression |
| FD-C4-6 | Hydraulic for .450" lift rules, good all-around camshaft |
| FD-C294H6 | Hydraulic .488" lift, very fast at both ends |
| FD-C298S5 | Can run as hydraulic with .045" lifter clearance. See below. |
| ----- | |
| FD-C298S5 | Solid for .425" (after .025" lash) and .450" lift rules. Terrific cam to 8500 RPM max. Works with most rod lengths. |
| FD-C285S5 | Solid for .450" lift rules after lash. Will yield stock cranking compression with milled heads (.085-.090"). |
| FD-C290S5 | Solid with gross lift @ .481". Very fast at top and bottom end. Stock to 5.700" rods. Pulls to 8000 RPM. |
| FD-C295S5 | Solid with gross lift @ .489". Meets .475" lift rules after lash. Very fast on short tracks to 3/8" mile with minimum 5.7" rods. |
| FD-C3-5 | Solid -lots of duration (260) with .500" lift. For very serious driver; likes big tracks and very long rods (5.930"). Minimum RPM = 5500. |
| FD-C3-6 | Solid is good all around performer. Also likes big tracks and 5.7" minimum rods. |
| ----- | |
| FD-C580RB | Billet roller grind @ .580" lift for non-ported heads. |
| FD-C610RB | Billet roller grind @ .610" lift for ported heads. Same duration and lobe Separation as .580" roller. |

